

# NARBONNE VETCH (*VICIA NARBONENSIS*) AS AN ALTERNATIVE RAW MATERIAL TO SUBSTITUTE FISH MEAL IN RAINBOW TROUT (*ONCORHYNCHUS MYKISS*) DIETS

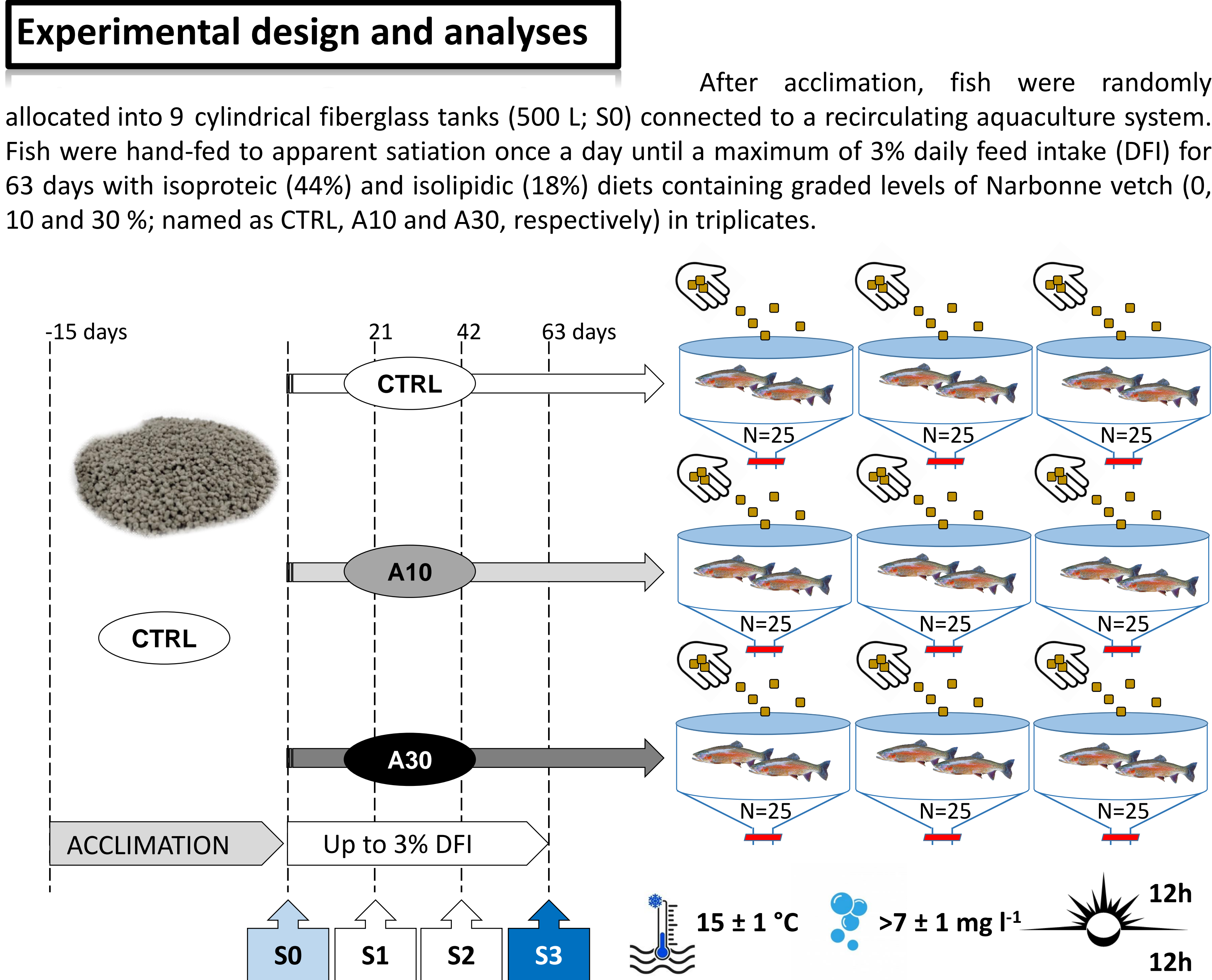
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**Introduction**

The **sustainable use of natural resources** is a key issue to ensure food safety, nutrition and the **sustainable development of aquaculture**. Nowadays, the future of aquaculture mainly relies on the identification of suitable and alternative raw materials to substitute fishmeal (FM). Although different sources have been evaluated, **FM replacement** is mostly done with protein vegetable sources (mainly soybean meal). Since soybean meal is imported, European aquaculture needs to explore, identify and promote local vegetable proteins sources in order to reduce its dependence of third countries. **Narbonne vetch (*Vicia narbonensis*)** is a legume crop widely available and abundant in Southern European countries, with **seeds containing 20-30% protein** and a **partially balanced amino acid profile**. **Little is known** about the effects of Narbonne vetch inclusion in aquafeeds. The present study **evaluated the effects of inclusion of Narbonne vetch in diets for rainbow trout (*Oncorhynchus mykiss*)**.



**Figure 1.** Experimental design of nutritional challenge with 0 (CTRL), 10 (A10) and 30 % (A30) dietary inclusion of Narbonne vetch in rainbow trout diets. DFI, daily feed intake; S, fish sampling.

**ANFs in vitro results**

The **presence of anti-nutritional factors** in Narbonne vetch was previously determined (Alarcón et al., 1999). Narbonne vetch inclusion produced a **28% and 46% inhibition** of rainbow trout **alkaline proteases** in A10 and A30 diets (ANOVA,  $P < 0.05$ ), respectively. In addition, the  **$\gamma$ -glutamyl-S-ethenyl-cysteine (GEC)** value in Narbonne vetch was **2.89 g per 100 g DM**.

**Proximate composition results**

Narbonne vetch inclusion did not affect feed's protein and lipid content, although it **decreased ash content** (ANOVA,  $P < 0.05$ ).

	N. Vetch	CTRL	A10	A30
Humidity (%)	-	6.51±0.29	6.65±0.21	6.71±0.20
Protein (%)	30.1	43.56±1.73	44.05±0.35	43.23±0.34
Lipid (%)	1.18	18.53±0.25	17.49±0.40	17.83±0.58
Ash (%)	3.26	7.56±0.06 <sup>a</sup>	7.08±0.01 <sup>b</sup>	6.72±0.04 <sup>c</sup>

**References**

• Alarcón F.J., et al., 1999. Aquat Living Resour 12: 233-238.  
• Buyukcapar H.M., et al., 2010. J Appl Anim Res 37: 253-256.

**Growth performance results**

A **30 % inclusion** of Narbonne vetch **reduced fish growth**, WG, SGR and PPV, and **increased HSI**; while a **10 % reduced FCR and PER** but **not fish growth** (ANOVA,  $P < 0.05$ ). Similar results were reported by Buyukcapar et al. (2010) when inclusions of higher than 20 % were tested in tilapia (*Oreochromis niloticus*).

Growth	CTRL	A10	A30
Wi (g)	26.81 ± 0.49	26.03 ± 1.29	27.46 ± 0.24
Wf (g)	137.24 ± 4.16 <sup>a</sup>	125.04 ± 10.27 <sup>a</sup>	96.33 ± 1.03 <sup>b</sup>
WG (%)	401.18 ± 7.68 <sup>a</sup>	380.16 ± 24.51 <sup>a</sup>	250.83 ± 2.64 <sup>b</sup>
SGR (% day <sup>-1</sup> )	2.59 ± 0.03 <sup>a</sup>	2.49 ± 0.08 <sup>a</sup>	1.99 ± 0.01 <sup>b</sup>
DFI (%)	1.62 ± 0.03 <sup>a</sup>	1.69 ± 0.02 <sup>b</sup>	1.82 ± 0.01 <sup>c</sup>
FCR	0.77 ± 0.01 <sup>a</sup>	0.81 ± 0.02 <sup>b</sup>	1.03 ± 0.01 <sup>c</sup>
Use of protein			
PER*	2.98 ± 0.05 <sup>a</sup>	2.79 ± 0.08 <sup>b</sup>	2.23 ± 0.05 <sup>c</sup>
PPV**	0.48 ± 0.01 <sup>a</sup>	0.46 ± 0.01 <sup>a</sup>	0.36 ± 0.01 <sup>b</sup>
Biometrics			
CF (g cm <sup>-3</sup> )	1.32 ± 0.04	1.32 ± 0.02	1.35 ± 0.02
HSI (%)	1.06 ± 0.09 <sup>a</sup>	1.04 ± 0.09 <sup>a</sup>	1.27 ± 0.09 <sup>b</sup>
VSI (%)	11.11 ± 0.91	10.34 ± 0.26	10.36 ± 1.41

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**Apparent digestibility results**

**30 % inclusion** of Narbonne vetch **reduced the apparent digestibility of crude protein** (ADCprotein; ANOVA,  $P < 0.05$ ).

	CTRL	A10	A30
ADCprotein (%)	93.72 ± 0.39 <sup>a</sup>	85.11 ± 3.83 <sup>a</sup>	72.21 ± 6.15 <sup>b</sup>
Humidity (%)	74.78 ± 0.67	74.99 ± 0.17	75.77 ± 0.63
Protein (%)	71.32 ± 2.30	72.78 ± 0.94	74.86 ± 2.60
Nitrogen (%)	11.41 ± 0.37	11.64 ± 0.15	11.98 ± 0.42

**Fatty acid results**

**30 % inclusion** of Narbonne vetch **reduced DHA content in fillet** (ANOVA,  $P < 0.05$ ), but not total polyunsaturated fatty acids.

Fatty acids	CTRL	A10	A30
C20:4n-6 (ARA)	0.2 ± 0.01	0.19 ± 0.01	0.19 ± 0.01
C20:5n-3 (EPA)	7.19 ± 0.23	7.61 ± 0.31	7.36 ± 0.27
C22:6(n-3) (DHA)	0.5 ± 0.02 <sup>a</sup>	0.42 ± 0.05 <sup>a,b</sup>	0.41 ± 0.03 <sup>b</sup>
Saturated	48.64 ± 0.24 <sup>a</sup>	45.5 ± 1.11 <sup>a</sup>	45.71 ± 0.74 <sup>b</sup>
Monounsaturated	31.27 ± 0.5 <sup>b</sup>	33.13 ± 0.88 <sup>a</sup>	33.2 ± 0.18 <sup>a</sup>
Polyunsaturated	20.08 ± 0.34	21.37 ± 1.79	21.09 ± 0.77

**Blood plasma results**

Inclusion of **Narbonne vetch** **did not alter the triglyceride, glucose and/or cholesterol plasma content** (not shown; ANOVA,  $P > 0.05$ ).

**Conclusions**

- **Narbonne vetch** presented a quite amount of **ANFs** inhibiting the activity of alkaline proteases
- The inclusion of Narbonne vetch **reduced the amount of minerals** (ash) in fish feed
- A **30 % Narbonne vetch inclusion** in fish diets **affected rainbow trout growth and physiology** (increased HSI)
- 30 % of inclusion **decreased the ADCprotein** in fish fillet
- Narbonne vetch inclusion also **affected the fatty acids profile of fish fillet**, decreasing the content of DHA and increasing the content of monounsaturated fatty acids
- Narbonne vetch in **low inclusions (< 10 %)** can be used as alternative for soy bean meal
- In future studies the inclusion of different **varieties and the pre-treatment** of Narbonne vetch seeds will be explored

